

## Officials: Listen to Bird

December 20, 2014

The American Lung Association in California applauds Dr. Ken Bird's "Six holiday wishes for great public health" highlighting the key ingredients needed for a healthy community, including cleaner air, avoiding tobacco use, and increasing physical activity.

Dr. Bird's prescription for good health also calls for governments and agencies to design and develop communities connected by convenient, energy-efficient and low-cost transit systems, and neighborhoods, jobs and services connected by inviting bicycle and walk pathways. These are essential components for health in all Valley communities, and Fresno is fortunate to have a health officer providing a vision to achieve this. We hope our elected officials take it to heart.

We look forward to working with Fresno governments and communities to improve air quality and health in Fresno and throughout the Valley.

Susie Rico-Vasquez

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